

theSOURCE

A QUARTERLY PUBLICATION

in
this
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C WTA is pleased to bring you **theSOURCE**, the newsletter of the DC Child & Family Services Agency Child Welfare Training Academy. Each issue of **theSOURCE** will provide you with updates on new classes, highlight special offerings, and give you the information you need to get the most out of the professional development opportunities offered by CWTA. If there are topics or training events you would like to see addressed, please let us know by contacting us directly at cwta.training@dc.gov.

HOW TO REGISTER IN WEBEX

To better support your virtual learning experience, CWTA has transitioned in-service courses to WEBEX. This online platform will allow you to register for CWTA offered training opportunities with ease. To register for available sessions, please click the links featured in this issue. Each link will direct you to the registration page for the selected course.

When you click on the link, you will be asked to enter your name and email address. You will then receive an email confirming your registration OR notification that the requested course is capacity. Please note, you must confirm enrollment to secure your seat.



PLEASE BE SURE TO REGISTER EARLY TO SECURE YOUR ADMISSION IN EACH COURSE. WebEx registrations will not be accepted within **48 hours** of a course start time. You may cancel your registration via WebEx at any time.

Unfortunately, at this time, we are unable to increase class capacity. Therefore, it is imperative staff register in advance. CFSA staff are a priority. External participants will be considered as seats become available.

Once you receive your WebEx registration confirmation, open the email and scroll down and click on the “add to my calendar” feature. You will be prompted to add the training to your Outlook Calendar! Remember, your registration confirmation is uniquely connected to your email address and cannot be used by others. For this reason, forwarding your confirmation is strictly prohibited.



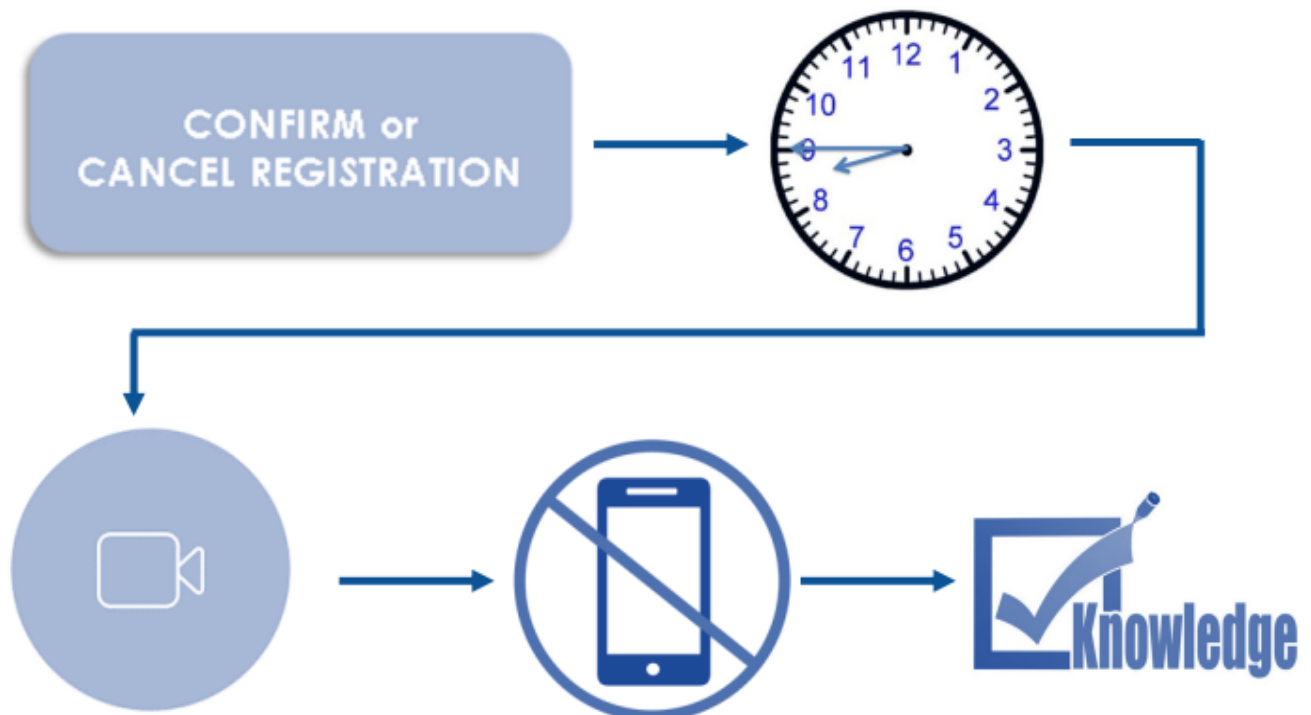
UPON REGISTRATION, YOU WILL RECEIVE LOG-IN INSTRUCTIONS FOR THE ONLINE TRAINING SESSION.

VIRTUAL TRAINING EXPECTATIONS

1. If you are no longer able to attend a training session for which you have registered, you are responsible for **CANCELLING your registration** utilizing the link provided in your registration confirmation. If you do not cancel your registration you will be listed as a NO SHOW. Three NO SHOWS for the year will result in a limitation of your ability to register for future sessions.
2. **Log-in BEFORE 9AM** to ensure you can access the training and to address any technical issues.
3. Plan ahead to have your **camera ON** during the training session. It is expected that you are fully engaged in the training session. Be sure to be in a location that is free from distractions and other noises.

All CWTA training participants must work with their supervisors to determine if they are able to work from home on training days.

4. If you must call into a session, notify the Child Welfare Training Academy at least ONE DAY BEFORE the session at cwta.training@dc.gov. We must be able to **verify attendance** and we cannot verify via telephone numbers. If you find that you must use your phone on the day of the session due to technical difficulties, please notify the trainer immediately.
5. Upon completion of a training session, you MUST **complete the Knowledge Check** by the CLOSE OF BUSINESS on the same day you complete the training. CWTA trainers will ensure you have at least 45 minutes at the end of each training session to complete the knowledge check. You will NOT receive a Certificate of Completion until this knowledge check is completed.



CFSA STAFF ONLY

MANDATORY RACE EQUITY SERIES

Have you completed your MANDATORY Race Equity Training? ALL CFSA staff are required to complete this training series by 9/30/24.

CWTA has developed a Race Equity series specific to the work of child welfare that includes three 2-hour sessions focused on race equity that will address each requirement of the Mayor's Plan for Racial Equity training.

The following sessions must be completed in successive order:

SESSION ONE: RACE EQUITY IN CHILD WELFARE

- This session will define racial equity and inequity and explore the historical role of child welfare and government laws, policies, and practices in creating and maintaining racial inequities.

SESSION TWO: UNDERSTANDING BIAS AND THE FORMS OF RACISM

- This session will explore the differences between explicit and implicit bias with a discussion on the various forms of racism from individual to structural.

SESSION THREE: APPLYING A RACIAL EQUITY LENS WITH RACE EQUITY TOOLS

- The final session of the series will focus on defining and understanding the concept of a racial equity lens. Participants will also assess their own understanding of race equity and race equity in their work through the use of the race equity toolkit.

CLICK [HERE](#) TO REGISTER

LICSW PREP TRAINING

COURSE DATE	TIME	REGISTRATION PLATFORM	LOCATION
FRIDAY, APRIL 12, 2024	1:00PM-4:00PM	REGISTER HERE	WEBEX
FRIDAY, MAY 10, 2024	10:00AM—1:00PM	REGISTER HERE	WEBEX
THURSDSY, JUNE 6, 2024	10:00AM-1:00PM	REGISTER HERE	WEBEX

LICSW Prep Sessions are open to any social worker studying for the ASWB licensing exam.



INTRODUCTION

The Development and Equity Administration, in partnership with the Deputy Director of the Office of Out of Home Support, and the CFSA Agency Direct, are excited to bring you another innovative training opportunity!

Whether you are a veteran worker in child welfare or are new to the field, The National Adoption Competency Mental Health Training for Child Welfare Professionals will provide you with new perspective, skills, and strategies to enhance your work with children and their families. More specifically, you will learn:

- The critical role you play as a bridge to healing relationships and experiences for children in care.
- New models for assessment and planning that more effectively address mental health needs.
- Principles and specific techniques of attachment-based casework that assist children to understand their past experiences and build new, more healthy relationship.
- Therapeutic tools and language that reduce trauma from separation and put voice to children's loss and grief experiences in a safe and therapeutic way.
- Keys to recovery from trauma and casework practices that reduce and prevent further trauma.
- How to engage and empower parents and caregivers as healing agents, fully involved in the treatment process, and skilled in the use of therapeutic parenting strategies.
- Culturally appropriate casework tools and strategies with children and caregivers that promote healthy identity formation and address issues of race, culture, and diversity.
- Specific casework tasks that address mental health needs during preparation for and after achieving permanency through adoption or guardianship.
- How to identify a qualified and appropriate mental health professional, make an effective referral, set appropriate treatment expectations, and assure caregivers are involved in the healing process.

TRAINING MODULES

Module 1	A Case for Adoption Competency
Module 2	Understanding & Addressing Mental Health Needs of Children Moving Towards or having
Module 3	Enhancing Attachment and Bonding for Children Moving Towards/Having Achieved Perma-
Module 4	How Race, Ethnicity, Culture, Class and Diversity Impact the Adoption and Guardianship Ex- perience and Mental Health Needs of Children
Module 5	The Impact of Loss and Grief Experience on Children's Mental Health
Module 6	The Impact of Early and Ongoing Trauma on Child and Family Development, Brain Growth
Module 7	Positive Identity Formation and the Impact of Adoption and Guardianship
Module 8	The Lifelong Journey: Maintaining Children's Stability and Well-being in Adoptive and Guardi- anship Families



**National Adoption Competency
Mental Health Training Initiative**
Advancing Practice for Permanency & Well-Being™

TRAINING REQUIREMENT

All staff within the Office of Out of Home Support are required to complete all 8 modules of the NTI Child Welfare Professionals training for a total of 20 hours of training. Supervisors, Program Managers, and Program Administrators are required to complete the supervisory training for a total of 30 hours of training.

TRAINING TIMEFRAME

This training session is a self-paced and free, web-based. **You have until April 30, 2024**, to complete the entire series. This averages approximately two modules per month. Each module takes approximately 2.5 hours to complete.

ACCESSING TRAINING

Non-MSS Staff

- Go to: <https://adoptionsupport.org/nti/access/access-for-individuals/>
- Choose "NTI Training for Child Welfare Professionals (CWP) Access Link.
- Click Enroll.

Note: You may need to enter the Enrollment Key (NTICWP2021) and/or create an account in the CASE Learning Management System. Please follow the website prompts to create a profile. Please complete the registration information and enter the "Name of organization/ employer" as: **DC Child and Family Services Agency or DC CFSA.**

Begin Training.

MSS Staff

- Go to: <https://adoptionsupport.org/nti/access/access-for-individuals/>
- Choose "NTI Training for Child Welfare Supervisor (CWS) Access Link.
- Click Enroll.

Note: You may need to enter the Enrollment Key (NTICWS2021) and/or create an account in the CASE Learning Management System. Please follow the website prompts to create a profile. Please follow the website prompts to create a profile. Please complete the registration information and enter the "Name of organization/ employer" as: **DC Child and Family Services Agency or DC CFSA.**

Begin Training.

TRAINING COMPLETION

Each training module has a pretest and a posttest. To receive full credit and CEUs for course completion, each pretest **and** posttest must be completed. Once all modules are completed and the post-training survey is completed, you will receive notification from the NIT Learning Management System. This certificate should then be uploaded to the DEA website at <https://www.dccfsa-dea.com/nti> for inclusion on your training transcript.



COURSE DESCRIPTIONS & OFFERINGS


DATES AND TIMES ARE SUBJECT TO CHANGE

APRIL 2024

DATE/TIME/LOCATION	TITLE/OBJECTIVE	TRAINING HOURS
<p>CFSA STAFF ONLY MONDAY, APRIL 1, 2024 9:00AM-12:00PM IN-PERSON</p>	<p>ADULT MENTAL HEALTH DISORDERS: Child welfare workers may face challenges when serving clients who have mental health disorders. In many instances mental health disorders can be difficult to identify. This course allows the participant to develop awareness of mental health diagnosis, distinguish important features, and identify methods to engage clients. In addition, participants will be introduced to strategies and techniques to assess clients who have mental health disorders and refer them for appropriate services. This is an in-service course for child welfare social workers, direct service staff and human service professionals.</p>	<p>3</p>
<p>TUESDAY, APRIL 2, 2024 1:00PM—4:00PM IN-PERSON</p>	<p>SUPPORTING RESILIENCE IN THE WORKPLACE: This 3-hour training will deconstruct resiliency and explore constraints to resilience building. Participants will review resilience theory, explore their own resilience thresholds, and develop strategies for personal resilience enhancement.</p>	<p>3</p>
<p>CFSA STAFF ONLY TUESDAY, APRIL 9, 2024 10:00AM-1:00PM IN-PERSON</p>	<p>ETHICAL DILEMMAS: This course will review the steps to identifying an ethical dilemma as well as instructions on how to solve them in a strategic manner. Participants will develop more knowledge regarding the ethical principles and standards set forth in the NASW Code of Ethics and apply that information to solve ethical dilemmas in the millennial age.</p>	<p>3</p>
<p>FRIDAY, APRIL 12, 2024 9:00AM-12:00PM ONLINE</p>	<p>ENGAGING FATHERS: This training will help participants develop relevant knowledge, skills, and appropriate understanding of the importance of engaging Fathers in the case planning process. The training will explore critical skills for engagement and intervention, principles of best practice, facilitating equal access to services, and managing interpersonal challenge to effective case work with fathers and men. Emphasis will be placed on the significance of the father's engagement in securing the safety, permanency, and well-being of children and families.</p>	<p>3</p>

COURSE DESCRIPTIONS & OFFERINGS


DATES AND TIMES ARE SUBJECT TO CHANGE

DATE/TIME/LOCATION	TITLE/OBJECTIVE	TRAINING HOURS
<p>CFSA STAFF ONLY THURSDAY, APRIL 18,, 2024 9:00AM-12:00PM ONLINE </p>	<p>INCREASE YOUR HAPPINESS: Did you know you could increase your happiness through the power of positive thinking? This workshop will teach how to be happier, spread happiness throughout your organization and have a positive effect on your colleagues, family and friends. Learn unique and helpful ways to increase your happiness in both your personal and professional life. Improve your communication skills and increase your productivity at work.</p>	<p>1</p>
<p>CFSA STAFF ONLY FRIDAY, APRIL 19, 2024 10:00AM—1:00PM IN-PERSON</p>	<p>CORE BELIEFS AND SELF CARE: The purpose of this in-person session is to provide participants experiential lessons in what core beliefs are, how our individual core beliefs impact our approach to caring for ourselves, and how to develop tailored self-care strategies.</p>	<p>3</p>
<p>CFSA STAFF ONLY FRIDAY, APRIL 19, 2024 1:00PM—4:00PM IN-PERSON</p>	<p>MANAGERIAL SIGNALS OF CARE: This course provides managerial child welfare staff with experiential learning opportunities to foster the development of skills to effectively and professionally demonstrate genuine concern for supervisees. Participants will gain an understanding of the impact of providing signals of care on worker engagement and client outcomes. Participants will also examine the parallel processes created by the provision of managerial signals of care.</p>	<p>3</p>
<p>MONDAY, APRIL 29,2024 9:00AM—12:00PM IN-PERSON</p>	<p>BUILDING A POSITIVE SUPPORT NETWORK: This workshop will highlight the importance of having a support network made of different people who help participants to see problems in several different ways. Participants will examine how this network can offer advice, physical resources, perspective, and feedback to bolster resolve and to help provide direction during the fostering journey. Participants will also examine the Strengthening Families Protective Factors Framework and highlight how positive social supports enhance family resilience and increases one's sense of belonging, feelings of self-worth and feelings of security. Self-assessment tools will be incorporated to determine the areas where positive entities can add value.</p>	<p>3</p>
<p>CFSA STAFF ONLY MONDAY, APRIL 29, 2024 10:00AM—1:00PM IN-PERSON</p>	<p>MULTIGENERATIONAL WORKFORCE: This three hour session will support participants in recognizing the key characteristics of the five generations of the child welfare workforce, their strengths, challenges and how to work across the generational divide. Participants will be guided to develop strategies to leverage key strengths in the multigenerational child welfare workforce for successful teamwork.</p>	<p>3</p>

COURSE DESCRIPTIONS & OFFERINGS

DATES AND TIMES ARE SUBJECT TO CHANGE

MAY 2024

DATE/TIME/LOCATION	TITLE/OBJECTIVE	TRAINING HOURS
<p>CFSA STAFF ONLY FRIDAY, MAY 3, 2024 10:00AM-1:00PM IN-PERSON</p>	<p>ETHICS & SOCIAL MEDIA: This ethics course focuses on the NASW Code of Ethics as it relates to the use of social media in social work practice. Social workers will also review the CFSA policy related to the use of social media.</p>	<p>3</p>
<p>CFSA STAFF ONLY MONDAY, MAY 6, 2024 9:00AM-12:00PM IN-PERSON</p>	<p>CULTURAL HUMILITY: Historically, social workers have been educated to be culturally competent and/or culturally aware in their social work practice. Over the past decade, social workers have been challenged to practice cultural humility in their work. Cultural humility is centered on life-long learning and critical self-reflection, recognition and challenging of power imbalance that are inherent, and upholding institutional accountability. This six-hour session will provide foundational information to social workers on culture and cultural humility, while also focusing on the impact of oppression in the lives of the families involved in the child welfare system and ways in which social workers can work to radically transform their practice.</p>	<p>3</p>
<p>TUESDAY, MAY 7, 2024 10:00AM—1:00PM IN-PESRON</p>	<p>ENGAGING FATHERS: This training will help participants develop relevant knowledge, skills, and appropriate understanding of the importance of engaging Fathers in the case planning process. The training will explore critical skills for engagement and intervention, principles of best practice, facilitating equal access to services, and managing interpersonal challenge to effective case work with fathers and men. Emphasis will be placed on the significance of the father's engagement in securing the safety, permanency, and well-being of children and families.</p>	<p>3</p>
<p>THURSDAY, MAY 16, 2024 1:00PM—2:00PM ONLINE</p>  <p>TRANSFORMATIVE HEALING</p>	<p>MANAGING WORKPLACE ANXIETY: Work is one of the leading places where people experience stress and anxiety. This workshop will provide you with the skills and resources needed to recognize and manage workplace anxiety. Learn how to identify the symptoms and coping skills to deal with stress in the workplace. Become aware of the signs of anxiety and the tools needed to cope and deal with it.</p>	<p>1</p>

COURSE DESCRIPTIONS & OFFERINGS

DATES AND TIMES ARE SUBJECT TO CHANGE

DATE/TIME/LOCATION	TITLE/OBJECTIVE	TRAINING HOURS
<p>CFSA STAFF ONLY TUESDAY, MAY 21, 2024 10:00AM—12:00PM IN-PERSON</p>	<p>UNDERSTANDING VICARIOUS TRAUMA: This 2-hour session will provide a clear definition of vicarious trauma within the helping profession while also allowing participant the opportunity to better understand the impact of secondary traumatic stress. Participants will walk away from the session with tangible next steps to address their experience of vicarious trauma which will ultimately enhance their work as a helping professional or paraprofessional.</p>	<p>2</p>
<p>CFSA STAFF ONLY FRIDAY, MAY 24, 2024 10:00AM-1:00PM IN-PERSON</p>	<p>LGBTQ-SOGIE: This three-hour course introduces participants to foundational knowledge, values, skills, and ethics related to work with self-identified LGBTQ and gender non-conforming people. The course emphasizes the practitioner's ethical role in supporting LGBTQ and gender non-conforming people, with specific focus on the NASW's Code of Ethics' preamble which states, "social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice."</p>	<p>3</p>
<p>FRIDAY, MAY 24, 2024 1:00PM—4:00PM IN-PERSON</p>	<p>MANAGERIAL SIGNALS OF CARE: This course provides managerial child welfare staff with experiential learning opportunities to foster the development of skills to effectively and professionally demonstrate genuine concern for supervisees. Participants will gain an understanding of the impact of providing signals of care on worker engagement and client outcomes. Participants will also examine the parallel processes created by the provision of managerial signals of care.</p>	<p>3</p>
<p>TUESDAY, MAY 28, 2024 10:00AM—1:00PM IN-PERSON</p>	<p>CLINICAL DOCUMENTATION A& THE CHILD WELFARE SOCIAL WORKER: Documentation is one of the most important ways CFSA social workers convey to others how the Agency is able to assess, engage and intervene in clients' lives to enhance their resilience. However, documentation may not readily capture everything that social workers accomplish, especially in a clinical sense. This class helps participants to conceptualize what documentation should look like in respect to their role as a social worker. The class gives suggestions for how to infuse clinical concepts into documentation that will effectively display interactions with clients as well as demonstrating clinical interventions.</p>	<p>3</p>

COURSE DESCRIPTIONS & OFFERINGS

DATES AND TIMES ARE SUBJECT TO CHANGE


JUNE 2024

DATE/TIME/LOCATION	TITLE/OBJECTIVE	TRAINING HOURS
<p>TUESDAY, JUNE 11, 2024 9:00AM-12:00PM IN-PERSON</p>	<p>ENGAGING FATHERS: This training will help participants develop relevant knowledge, skills, and appropriate understanding of the importance of engaging Fathers in the case planning process. The training will explore critical skills for engagement and intervention, principles of best practice, facilitating equal access to services, and managing interpersonal challenge to effective case work with fathers and men. Emphasis will be placed on the significance of the father's engagement in securing the safety, permanency, and well-being of children and families.</p>	<p>3</p>
<p>FRIDAY, JUNE 14, 2024 10:00AM-2:00PM IN-PERSON</p>	<p>PSYCHOTROPIC MEDICATIONS: To educate resource parents, child welfare professionals, and NCMs about psychotropic medications, this course addresses the associated policies, and everyone's roles and responsibilities. Participants learn common classes of psychotropic medications, indications for their use, and side effects. They also learn how to monitor a child or youth for possible side effects or to see if the psychotropic medication is working. The course covers what to do if the resource parent has concerns about the psychotropic medications prescribed to the child or youth in their care and how to gain awareness of the various classes of psychotropic medications, their side effects, and examples of medications in each class. Participants also become familiar with signs and symptoms of serious or life-threatening side effects of medications.</p>	<p>4</p>
<p>MONDAY, JUNE 17, 2024 10:00AM-1:00PM IN-PERSON</p>	<p>CULTURAL HUMILITY: Historically, social workers have been educated to be culturally competent and/or culturally aware in their social work practice. Over the past decade, social workers have been challenged to practice cultural humility in their work. Cultural humility is centered on life-long learning and critical self-reflection, recognition and challenging of power imbalance that are inherent, and upholding institutional accountability. This six-hour session will provide foundational information to social workers on culture and cultural humility, while also focusing on the impact of oppression in the lives of the families involved in the child welfare system and ways in which social workers can work to radically transform their practice.</p>	<p>3</p>

COURSE DESCRIPTIONS & OFFERINGS

DATES AND TIMES ARE SUBJECT TO CHANGE

JUNE 2024

DATE/TIME/LOCATION	TITLE/OBJECTIVE	TRAINING HOURS
<p>CFSA STAFF ONLY</p> <p>THURSDAY, JUNE 20, 2024</p> <p>1:00PM—2:00PM</p> <p>ONLINE</p> 	<p>SOCIAL INTELLIGENCE: Social intelligence can help you become more confident in your social situations. It is about understanding your environment and having a positive influence and connections. This workshop will help to become more confident in your social situations by learning how to express social cues. You will learn how to increase social intelligence and social skills through active listening, understanding body language and being more empathetic.</p>	<p>3</p>
<p>WEDNESDAY, JUNE 26, 2024</p> <p>10:00AM-2:00PM</p> <p>IN-PERSON</p>	<p>MINDFULNESS & THE MENTAL HEALTH PRACTITIONER: This course's purpose is to provide experiential activities that introduce mindfulness practices that align with NASW's position on the tenants. The session will equip participants to use mindfulness as an ethical framework for case management and supervision. Upon completion of the course, participants will have explored how mindfulness can enhance their self-care routines for their personal wellness.</p>	<p>4</p>
<p>THURSDAY, JUNE 27, 2024</p> <p>10:00AM—12:00PM</p> <p>IN-PERSON</p>	<p>UNDERSTANDING VICARIOUS TRAUMA: This 2-hour session will provide a clear definition of vicarious trauma within the helping profession while also allowing participant the opportunity to better understand the impact of secondary traumatic stress. Participants will walk away from the session with tangible next steps to address their experience of vicarious trauma which will ultimately enhance their work as a helping professional or paraprofessional.</p>	<p>2</p>

AHA CPR/ FIRST AID TRAINING OPPORTUNITIES

COURSE DATE	TIME	LOCATION
APRIL 13	10AM-3:00PM	200 I STREET SE
APRIL 27	10AM-3:00PM	200 I STREET SE
MAY 4	10AM-3:00PM	200 I STREET SE
MAY 25	10AM-3:00PM	200 I STREET SE
JUNE 8	10AM-3:00PM	200 I STREET SE
JUNE 22	10AM-3:00PM	200 I STREET SE

REGISTER FOR CPR TRAINING [HERE](#).



SUPERVISORY PRE-SERVICE TRAINING

CFSA STAFF ONLY

<p>MODULE 2: LEADERSHIP IN CHILD WELFARE: This two-day course provides an understanding of different leadership styles. The use of self-inventories and assessment tools will allow the supervisor to identify his or her own style of leadership. The participant will learn how variations of power impact staff cohesion and productivity. They will also connect-the-dots between the usage of alternate leadership skills and the impact on worker performance. As leaders, supervisors will become aware of how and when coaching is to be used with their teams.</p>	<p>THURS– FRI APRIL 25-226, 2024 MS TEAMS 9:00 AM- 4:30 PM</p>
<p>MODULE 3: FUNDAMENTALS OF COMMUNICATING WITH STAFF & MANAING CONFLICT & CHANGE: This two-day course assists supervisors in identifying conflict with their staff and provides various conflict resolution tools to manage the change process. Supervisors create plans of action for managing supervisees and examine communication techniques. Supervisors also learn how to integrate coaching skills as a way of managing effective versus non-effective communication skills and resolving conflict.</p>	<p>THURS—FRI MAY 23-24, 2024 MS TEAMS 9:00 AM- 4:30 PM</p>
<p>MODULE 4: PLANNING AND DECISION-MAKING: This two-day course focuses on how Agency policy impacts Agency practice. This module addresses “planning and decision-making” from the standpoint of helping supervisory social workers plan decide the essential casework practice activities and processes for outcome-driven performance. In addition, the course outlines the optimal supervisory processes and practices that promote the growth and development of staff. These parallel sets of processes work together to promote quality social work practice leading to optimal outcomes of safety, permanency, well-being, and enhanced family resilience. This module provides supervisors with opportunities to build knowledge, skills, and self-awareness.</p>	<p>MS TEAMS 9:00 AM- 4:30 PM</p>

REGISTER IN FACES TODAY!



SATURDAY COURSE OFFERINGS

DATE/TIME/LOCATION	TITLE/OBJECTIVE	TRAINING HOURS
<p>RESOURCE PARENTS ONLY SATURDAY, APRIL 13, 2024 9:00AM-12:00PM ONLINE</p>	<p>CORE BELIEFS AND SELF CARE: The purpose of this in-person session is to provide participants experiential lessons in what core beliefs are, how our individual core beliefs impact our approach to caring for ourselves, and how to develop tailored self-care strategies.</p>	<p>3</p>
<p>RESOURCE PARENTS ONLY SATURDAY, APRIL 27, 2024 9:00AM-12:00PM ONLINE</p>	<p>SHARED PARENTING: The focus of this training session is to lay a solid foundation for enhancing the participants' understanding of their role in developing and maintaining a shared parenting approach between the biological parent and resource parent. Participants engage in discussions on the definition of shared parenting and how to operationalize this approach in day-to-day parenting and practice.</p>	<p>3</p>
<p>RESOURCE PARENTS ONLY SATURDAY, JUNE 1, 2024 9:00AM-12:00PM ONLINE</p>	<p>DE-ESCALATION: This session offers a means to engage with an individual during a potentially dangerous or threatening situation from a trauma-informed perspective. Participants will learn about the brain's response to trauma, techniques to verbally de-escalate a child or youth, and develop plans to address emotional and behavioral dysregulation. The purpose of this training is to reduce the risk of physical injury to the child development professional, the resource parent, and the youth or adult being engaged.</p>	<p>3</p>
<p>RESOURCE PARENTS ONLY SATURDAY, JUNE 29, 2024 1:00PM-4:00PM ONLINE</p>	<p>MULTIGENERATIONAL CHILD WELFARE WORKFORCE: This three hour session will support resource parents in recognizing the key characteristics of the five generations of the child welfare workforce, their strengths, challenges and how to work across the generational divide. Resource Parents will be guided to develop strategies to leverage key strengths in the multigenerational child welfare workforce for successful teaming.</p>	<p>3</p>

ONLINE TRAINING OPPORTUNITIES

RESOURCE PARENTS ONLY

Upon completion of each online course, please print your certificate immediately and send them to your Resource Development Specialist or Licensing Specialist within 15 days of completion!! Remember, only 9 hours of online training is permissible within your 2 year in-service training cycle.

CWTA APPROVED ONLINE SITES:

- <https://dc.mandatedreporter.org/pages/Welcome.action>: Free online DC mandated reporter training
- www.fosterparents.com: One year membership: \$24 (not reimbursable).
- <http://www.dshs.wa.gov/ca/fosterparents/training.asp> : The entire FosterParentscope Training program is presented in this award-winning Web site from Washington State. Adapted from the SUNY Fosterparentscope curriculum.
- <http://www.fosterparentstest.com/store/index.htm> : A wonderful selection of online courses for resource parents covering topics from high needs babies to a range of disorders and challenges. Note that there is a non-reimbursable associated cost for each course.
- <http://www.fosterparentcollege.com/>: FosterParentCollege.com's Self-Paced training is accessible 24 hours a day, seven days a week. From the comfort and safety of home, parents can enroll, complete a course, and receive a certificate of completion in a single session. FPC has conducted more than 80,000 online training sessions since 2004. Designed by nationally recognized experts in the fields of parenting, pediatrics, psychology, psychiatry, and education, FPC courses are valued by foster care agencies and praised by caregivers. Many of our classes are also available on DVD at our website www.SocialLearning.com.

Need more information? Contact Aretha Wells, Program Specialist at aretha.wells@dc.gov.

SPRING CROSSWORD PUZZLE

